



Wray Primary School PE Policy

Intent

- We will provide a broad and balanced PE curriculum in which children feel they can participate, achieve and enjoy.
- We will enrich the curriculum with opportunities for children to participate in inter-school events, optional clubs, workshops and trips.
- We will promote the importance of physical activity and a healthy lifestyle.
- We want to empower the children to make informed choices about physical activity throughout their lives.
- We want to equip pupils to manage being physically active for a sustained period of time.
- We will encourage children to participate in competitive sports events and have a good attitude towards teamwork.

Implementation

- PE is taught by Key Stage on a Tuesday and Friday afternoon throughout the year as well as additional blocks planned at different times to supplement this. Years 3, 4 and 5 go swimming on a Friday afternoon for the first 2 terms of each year. We also provide outdoor and adventurous activities in the form of trips and residential.
- We follow the National Curriculum and use the Lancashire scheme of work as a basis for all our planning and learning.
- We use a 4-year rolling programme to ensure a variety of sports are covered, whilst repeating the essential skills on a regular basis.

- Cross curricular links will be made where possible.
- Pupils are encouraged to see themselves as athletes. They will learn about big sporting events and about famous sports personalities, along with their achievements.
- Ongoing assessment and is used to ensure children understand what they have been taught and ensure prior learning is built upon.

Impact

- Pupils will have knowledge and skills that are built upon over their years in our school.
- The children will have knowledge that they are able to recall and apply to new learning.
- Children will leave our school knowing the value of a healthy lifestyle.
- Pupils will have experienced a range of sports through PE lessons and extra-curricular activities.
- Pupils will be confident to compete against their peers.
- Pupils will gain the social skills to participate as part of a team.
- Pupils will have the stamina to participate in physical activity for a sustained period of time.
- Pupils will have the skills to self-critique their own performance, using appropriate vocabulary.
- Children will have experienced winning and losing and will understand how to behave in each situation.