



Wray Primary School

PSHE policy

Intent

- We will provide a broad curriculum providing support and understanding of our pupils in every walk of life.
- We will provide a structured PSHE Curriculum that covers every aspect of life such as health, safety and growing up.
- We will aim to discuss matters relevant to our children to support them in becoming well rounded, confident and resilient members of the public.
- We will thread PSHE objectives into every other area of learning within school to keep discussions and support levels consistent and relevant to the children.

Implementation

- We follow the CORAM SCARF Long term plan, which is tied in directly to government expectations of the subject.
- We use a rolling programme of objectives to ensure that no topic of discussion is repeated and the children are progressed suitably in their learning of PSHE.
- Where appropriate, we will use stories and texts that are relevant to their learning and gives examples of social situations.
- Throughout the academic year, we have visitors that teach our children key elements of PSHE such as first aid, safety and health.
- PSHE is taught fortnightly with one hour per fortnight on two topics. We teach Reception up to Year Six. Due to the fact that PSHE is such a fluid subject however, this time is stretched with the PSHE Curriculum being woven into many other subject areas.
- Children come out in small groups with the PSHE leader each week to discuss their feelings and life matters that are relevant to them.
- We assess PSHE through pupil voice, and gather evidence from their work produce of their understanding of each area of PSHE.
- Subject leaders are given regular time to ensure resources are kept up to date, to monitor the subject across the school, create action plans and to provide subject feedback to SLT as appropriate.

Knowledge and Skills Long Term Plan **PSHE**

Year A: 2023 - 2024	<u>Year 1</u>	<u>Year 2</u>	<u>Year 3</u>	<u>Year 5</u>
Autumn 1 2023	<u>Me and my relationships</u> Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends	<u>Me and my relationships</u> Our ideal classroom How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! *Bullying or teasing*	<u>Me and my relationships</u> As a rule Looking after our special people How can we solve this problem? Friends are special Thanks Dan's Dare	<u>Me and my relationships</u> Collaboration challenge! Give and take How good a friend are you? Relationship cake recipe Our emotional needs Being assertive
Autumn 2 2023	<u>Valuing Differences</u> Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons	<u>Valuing differences</u> What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem	<u>Valuing Differences</u> Respect and Challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb	<u>Valuing difference</u> Qualities of friendship Kind conversations Happy being me The land of the red people Is it true? Stop, start, stereotypes
Spring 1 2024	<u>Keeping safe</u> Super sleep Who can help? Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey	<u>Keeping Safe</u> Harold's Picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell?	<u>Keeping safe</u> Safe or unsafe? Danger or risk? The risk robot Super searcher Help or harm Alcohol and Cigarettes - the facts	<u>Keeping safe</u> Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: Healthy or unhealthy? Would you risk it?
Spring 2 2024	<u>Rights and Respect</u> Harold has a bad day	<u>Rights and Respect</u> Getting on with others	<u>Rights and Respect</u> Helping each other to stay safe	<u>Rights and Respect</u> What's the story? Fact or opinion?

	Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	When I feel like erupting Feeling safe Playing games Harold saves for something special How can we look after our environment?	Recount task Our helpful volunteers Can Harold afford it? Earning Money Harold's environment project	Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver!
Summer 1 2024	<u>Being my best</u> I can eat a rainbow Eat Well Harold's wash up and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise!	<u>Being my best</u> You can do it! My day Harold's postcard Harold's bathroom What does my body do? Basic first aid	<u>Being my best</u> Derek Cooks dinner! Poorly Harold Body Team work For or against? I am fantastic! Tope talents	<u>Being my best</u> It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid, including sepsis awareness.
Summer 2 2024	<u>Growing and changing</u> Healthy me Then and now Taking care of a baby Who can help (2)? Surprises and secrets Keeping privates private	<u>Growing and changing</u> A helping hand Sam moves away Haven't you grown My body, your body Respecting privacy Some secrets should never be kept.	<u>Growing and changing</u> Relationship tree Body space None of your business! Secret or surprise? My changing body Basic first aid	<u>Growing and changing</u> How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Help! I'm a teenager - get me out of here!

Year B 2022 - 2023	Reception (YEAR A)	<u>Year 1 (YEAR B)</u>	<u>Year 2</u>	Year 3 and <u>Year 4</u>	Year 5 and <u>Year 6</u>
Autumn 1 2022	<u>Health and Wellbeing - Keeping Safe</u> Harold Loses Geoffrey Who can help? Harold's School rules What could Harold do?	<u>Health and wellbeing - Keeping Safe</u> How safe would you feel? What should Harold say? Harold's Picnic Respecting Privacy	<u>Health and wellbeing - Keeping Safe</u> How safe would you feel? What should Harold say? Harold's Picnic Respecting Privacy	<u>Health and wellbeing - Keeping Safe</u> Danger, risk or hazard? Who helps us stay healthy and safe? Keeping ourselves safe Know the norms	<u>Health and wellbeing - Keeping Safe</u> It's a Puzzle What sort of drug is...? What's the risk (1 & 2) Drugs: It's the law! Alcohol: what is normal?

	<u>Relationships - Healthy Relationships</u> Who can Help? How are you listening? Pass on the praise!		Medicines: Check the labels Under Pressure	Joe's Story (1 & 2)
Autumn 2 2022	<u>Relationships - Healthy Relationships</u> Surprises or secrets Good or bad touches Unkind, tease or bully? <u>Relationships - value difference</u> It's Not Fair! Good Friends Same or Different?	<u>Relationships - Healthy Relationships</u> Should I tell? A helping Hand Bullying or Teasing Types of bullying Playing games <u>Relationships - Valuing Difference</u> An act of kindness What makes us who we are?	<u>Relationships - Healthy Relationships</u> Ok or Not ok? (1 & 2) Islands Together <u>Relationships - Valuing difference</u> Friend or Acquaintance What would I do? What makes me ME!	<u>Relationships - Healthy Relationships</u> Solve the friendship problem Let's negotiate Assertiveness Skills <u>Relationships - Valuing difference</u> Advertising friendships! Respecting differences Ok to be different
Spring 1 2023	<u>Health and wellbeing - Healthy Lifestyles</u> Eat Well Harold's Wash up and Brush up Catch it, Bin it, Kill it. I can eat a rainbow Healthy Me Super Sleep	<u>Health and wellbeing - Healthy lifestyles</u> My day Harold's Bathroom Harold's Postcard My body needs What does my body do?	<u>Health and wellbeing - Healthy lifestyles</u> Making Choices SCARF Hotel <u>Health and Wellbeing - Keeping Safe</u> Picture Wise When Feelings change Raisin Challenge	<u>Health and wellbeing - Healthy lifestyles</u> Five Ways to wellbeing project I look great! We have more in common than not What is HIV?
Spring 2 2023	<u>Health and wellbeing - Growing and changing</u> Inside my wonderful body Keeping privates private Taking care of a baby <u>Relationships - Feelings and Emotions</u>	<u>Health and wellbeing - Growing and changing</u> Sam Moves Away Haven't you grown! <u>Relationships - Feelings and Emotions</u> How are you feeling today?	<u>Health and wellbeing - Growing and changing</u> An email from Harold! Moving house My feelings are all over the place All change! Preparing for periods	<u>Health and wellbeing - Growing and changing</u> Is this normal? Helpful or unhelpful? Boys will be boys Making babies <u>Relationships - Feelings and Emotions</u> Dear Ash Dan's Day

	Thinking about feelings Who are our special people? Feelings and bodies	How do we make others feel? My special people Being a good friend Fun or Not?	<u>Relationships - Feelings and Emotions</u> Different feelings Secret or surprise	
Summer 1 2023	<u>Living in the wider world - Money and environment</u> Harold's Money How should we look after our money? Around and about the school	<u>Living in the wider world - Money and environment</u> Harold saves for something special Harold goes camping How can we look after our environment?	<u>Living in the wider world - Money and environment</u> Harold's expenses Why pay taxes? Logo Quiz Volunteering is Cool My School Community Harold's Seven Rs	<u>Living in the wider world - Money and environment</u> Project Pitch Community Art Action Stations! Happy Shoppers What's it worth? Jobs and taxes
Summer 2 2023	<u>Living in the wider world - Rules, rights and responsibilities</u> Why we have classroom rules Taking Care of Something Our Special People Balloons Basic First Aid	<u>Living in the wider world - Rules, rights and responsibilities</u> Our Ideal Classroom When I feel like erupting When someone is feeling left out Getting on with others Basic First Aid	<u>Living in the wider world - Rules, rights and responsibilities</u> How do we make a difference? The people we share our world with Safety in numbers That is such a stereotype! It's your right Basic first aid	<u>Living in the wider world - Rules, rights and responsibilities</u> Captain Coram 6 - Children's rights in the 21 st Century Our recommendations Two sides to every story Tolerance and respect for others Democracy in Britain 1 & 2 Basic first aid, including Sepsis Awareness

Impact

- Children will have knowledge and skills that are built upon over their years in our school.
- The children will have knowledge that they are able to recall and apply to new learning.

- Children will have knowledge of how to stay healthy, keep safe and how they change and adapt over the years.
- Work will show that a range of themes are being covered, concepts are revisited, and cross curricular links are made where possible.
- Through the high quality first teaching of PSHE taking place we will see the impact of the subject in different ways e.g. through books, assessments and pupil voice.
- Assessments and monitoring will show standards in PSHE will be high and will match standards in other subject areas.